

CATERPILLAR RACE

Component:

Time: 10min.



Goal: To Work together to cross the finish line.

Materials:

- Cones

Procedure:

1. The game is simple have at least 3 kids or more sit in a straight. Have them grab the ankle of the person in front of them. As a team move forward sliding on bottoms and using feet to pull. As a team cross the finish line.
2. For a challenge after completing the first time, create a small course.

Reflection:

- Talk about working as a team, how one has to depend upon each other.

SOURCE: Pinterest

SKILL: Motor skills, Team Building



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MARDI GRAS MASK

Component: Arts Education, Drama

Time: 25 minutes



Goal: To make Mardi Gras mask, while practicing tracing and cutting in the line.

Materials:

- Heavy Paper or Craft Foam
- Pen or Pencil
- Large Sheet of Colorful Paper
- Craft Glue
- Cellophane Tape
- Miscellaneous Craft Supplies to Decorate
- Scissors

Procedure:

1. Trace Your Hands



Trace Your Hands to Make a Handprint Mask Craft.

Start out by tracing both hands on two different colored pieces of heavy paper or craft foam. It is easiest to have someone else trace your hands!

2. Cut Out the Handprints



Cut Out the Handprints.

Once you have your hands traced, you need to cut them out. Make sure you cut a large, rounded edge below the palm area.

3. Cut the Eye Holes



Cut the Eye Holes.

Cut an eye hole in the center of each hand. You may want to hold them up to your eyes to get an idea where you want the holes to be. The palms of the hand should overlap about an inch, as you will see in the next step.

4. Glue The Hands Together

Glue The Hands Together.

Overlap the palm area of the hand about an inch and glue the hand cut-outs together.

5. Decorate Your Handprint Mask



Decorate Your Handprint Mask.

Use whatever craft supplies you have on hand to embellish your mask. You can use sequins, rhinestones, feathers, craft foam, chenille stems, buttons, etc. You do not want your mask to be too heavy, though. Once you have your mask decorated, set it aside to dry.

6. Make the Handle for Your Handprint Mask



Make the Handle for Your Handprint Mask.

To make a longer handle for your mask, use a large piece of paper. Start in one corner and roll it tightly, on the diagonal.

7. Finish the Handle

Finish the Handle for the Mask.

Once you have rolled the entire piece of paper, tape the end down to hold it into a tight tube. This makes a perfect size handle for your mask.

If you prefer, you can use a craft stick or short dowel as a handle also.



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PENNY IN A CUP

Component: Health/Wellness

Time: 30 minutes

Materials:

- 2 or 3 cups

Procedure:

Divide into 3 teams with an even number of players on each team. Allow each person 1 penny which is placed between his/her knees. On signal, one player from each team will walk to a cup and without using their hands, attempt to drop the penny in. If the player makes it in on the first attempt, he/she must tag the next person in line then return to the rear and sit down. If the player does not make the penny in the cup on the first attempt, he/she must tag the next player and try again. Each player must keep trying until he/she makes his/her penny in the cup. Remember...everyone must be seated to win.

Reflection: How was this hard? How can we play it differently? Attempt to play it by students' ideas.

SOURCE: <http://www.thechildrensinitiative.org/games.htm>

SKILL: Self confidence

JESTER HAT

Component: Arts Education

Time: 30 minutes



Materials:

- Construction paper
- Glue
- Scissors

Procedure:

STEP 1: CUT OUT THE TEMPLATES

Print out both pages of the free download jester hat patterns. Follow the dotted line and cut-out each shape with scissors.



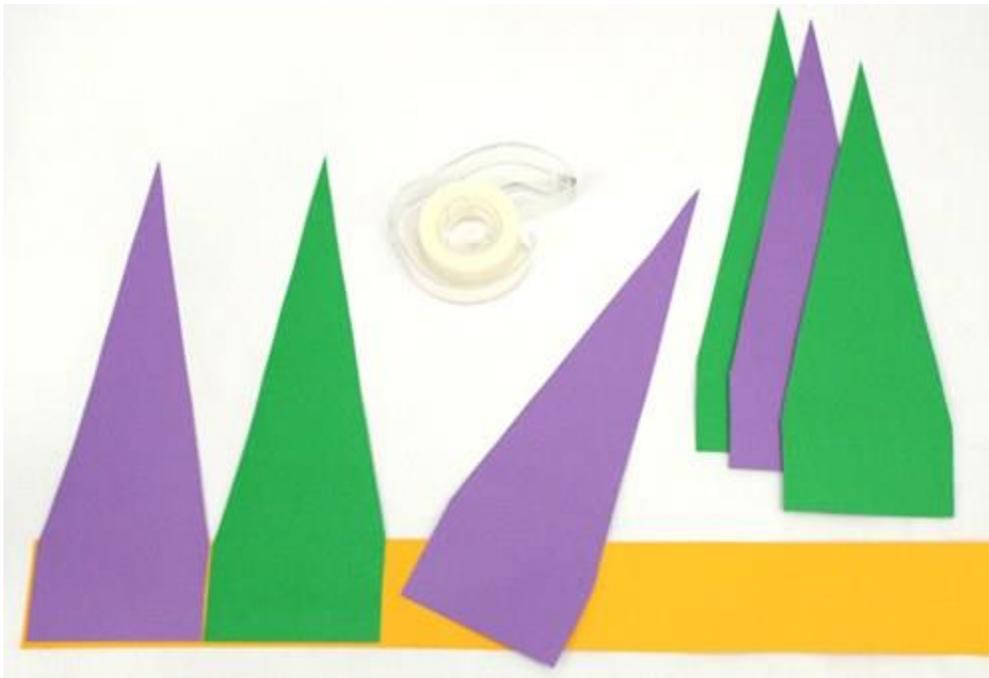
STEP 2: MAKE THE HEADBAND

Using the rectangular template on page 2, cut-out 3 pieces from construction paper. For this hat, you can use purple, green and gold, the colors of Mardi Gras, or any other colors you want. Tape the pieces end to end into one long head band.



STEP 3: CUT THE JESTER SPIKES

Using the triangle pattern, cut out 6-8 pieces out of different colors of construction paper. The number of triangles you need depend on head size.



STEP 4 & 5: CONSTRUCT THE HAT

Using glue or tape, secure the triangle bottoms side by side to the head band. Now, fit the headband to your head and secure with tape.



STEP 6: ADD ACCENTS

Use the circle, star and jewel templates on page 1 to cut out decorations for your jester hat. Glue or tape them to the hat.



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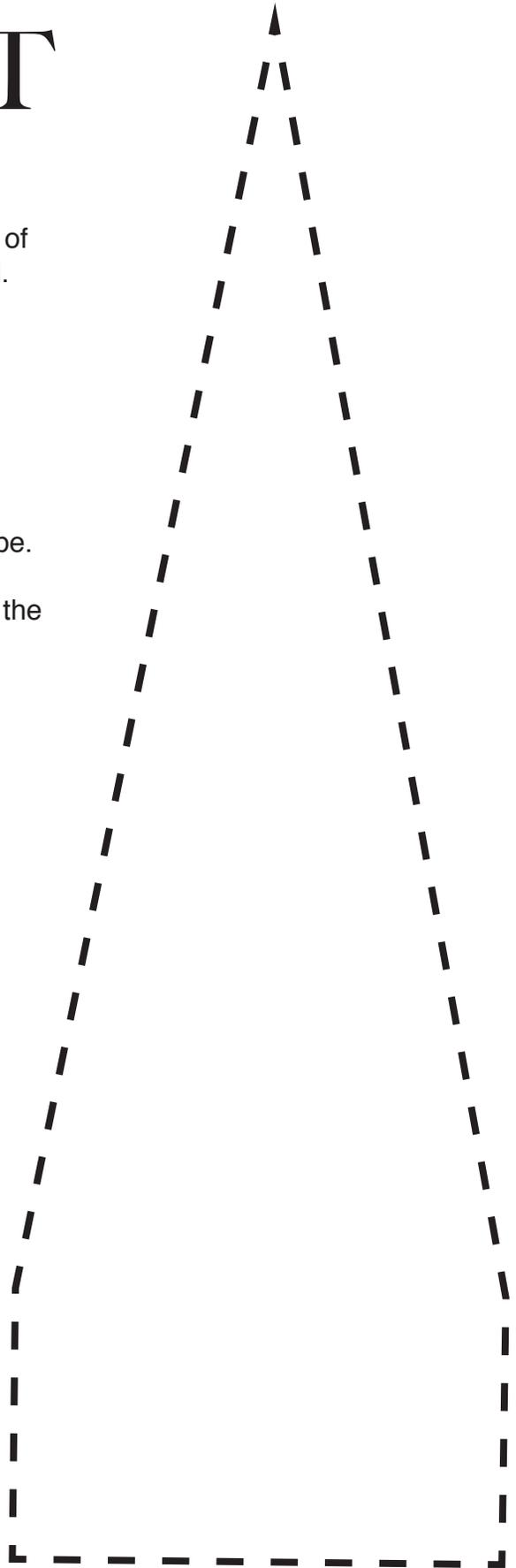
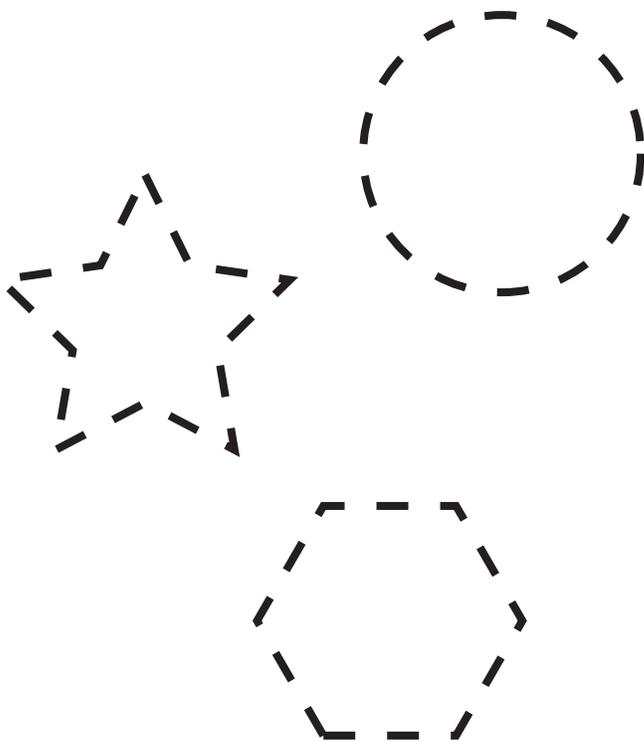
Reflection: Talk about what Jesters are. Ask them to tell some jokes, look some jokes up to teach them. Explain to them how laughter is important for our health.

SOURCE: <http://blog.mardigrasoutlet.com/2012/02/paper-jester-hat-pattern-mardi-gras.html>

SKILL: Fine motor – tracing, cutting

JESTER HAT

1. Cut-out the templates by following the dotted line.
2. Using the rectangle template on page 2, cut 3 out of construction paper and tape into one long headband.
3. Using the triangle template, cut 6 out of different colors of construction paper.
4. Attach the bottom of the triangles side by side to the headband.
5. Fit the headband to your head and secure with tape.
6. Use the circle, star and jewel templates to cut out the decorations, and glue or tape to the hat.



Create Your Own

JESTER HAT

