

Harvest Dash



Set up a fall relay with the kids. You could use bird seed or water in this activity; it just depends on how cold it is outside.

Materials:

- Large plastic containers
- Small plastic containers
- Plastic cups
- Bird seed or water

Instructions:

1. Fill large containers with bird seed or water.
2. Put smaller, clear containers at the opposite end of the running area.
3. Separate the kids into two fair teams, and have them line up at the starting point (next to the large containers).
4. Kids fill up a cup with seed (or water) and race to dump it in the empty smaller container. They sprint back to the start and hand-off the cup to the next teammate in line.
5. The goal of the race is to be the first team to fill up the small container with the seeds.

As an extra challenge, give the kids an over-sized soup ladle instead of a cup. Don't worry if the seeds spill; that's part of the fun! The birds will easily find them later. Try a

dollar store for inexpensive clear containers. They usually stock plastic ones in apple or pumpkin shapes in the fall.

Website source:

http://www.associatedcontent.com/article/335224/15_fun_fall_and_harvest_outdoor_party.html?cat=32