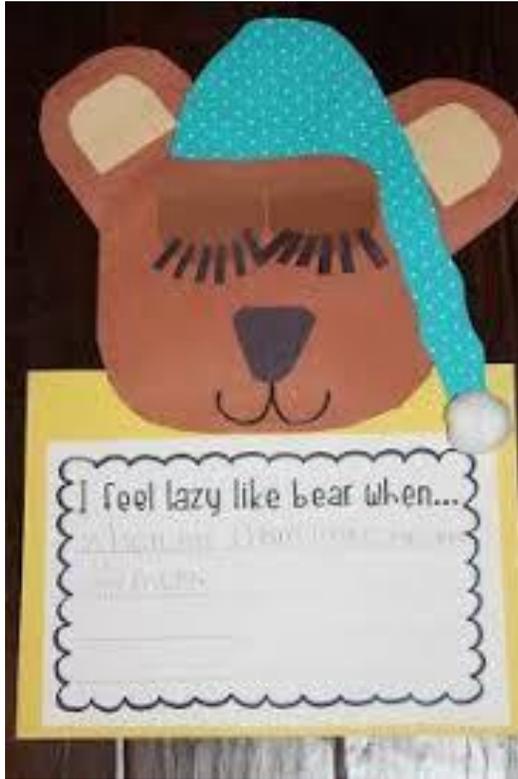


I Feel Lazy Like a Bear When...



Supplies

Brown Construction Paper

½ Light Brown Construction Paper

Black Construction Paper (1/2 sheet per child)

Black Marker

2 pieces of any color construction paper (1 for hat and 1 for backing I Feel Lazy... template)

Cotton Ball

I Feel Lazy Like a Bear Sheet (half sheet)

One of the first things you might think about when you talk bears is hibernation. Bear hibernation is different than most hibernating animals. In fact, many scientists would not even classify it as hibernation. True hibernation (like we see in ground squirrels) involves a drastic drop in body temperature but the hibernating animal will awaken occasionally to go to the bathroom and have a bite to eat before resuming hibernation.

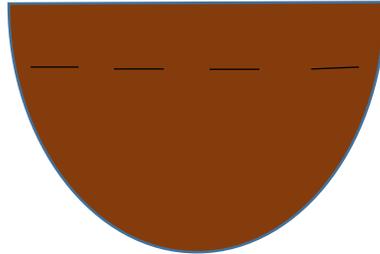
When a bear 'hibernates' it is really in a deep sleep. It's body temperature drops but not drastically and it does not wake up...not even to go to the bathroom or get some food. The one exception is that a mother bear will wake up to give birth to her cubs in January or February.

Why would a bear want to sleep so long? After all you might miss something right? But that is just the point. Since food is scarce in the winter bears figure that if you can't eat you might as well sleep. Bears that live in colder northern regions sleep in their dens right through the winter. In some cases as long as seven months. Once spring arrives, the bear (and possibly some cubs) will emerge from the den with a big appetite.

It is important to note that not all species of bear will hibernate. Bears like the Asiatic Bear live in warmer climates where food is readily available all year long and there is not need to hibernate.

Instructions for Activity

1. Give each child 1 piece of brown construction paper. This will be used to create the face, 2 ears, and eyes. Allow the child to create their own shape for the ears and the face. Glue the ears to the face.
2. For the eyes, have the child cut out 2 half circles that are big enough and proportional to the face. Fold the half circles so that the flat side is folded down, which will be glued to the face.



3. Give each child a ½ sheet of black construction paper. Tell them that it will be used to create a nose and eyelashes for the eyes of the bear. Have students cut out long strips for eyelashes. Glue the strips onto the back side of the bears eyes.
4. Glue the folded portion of the bears eyes onto the face.
5. Cut out a nose for the bear and glue it on the face.
6. Draw a mouth for the bear.
7. Give each child a ½ sheet of line brown construction paper. Have them cut out circles for the inside of the bears ear. Make sure that they are smaller than the ears. Glue the circles onto the bears ears.
8. Have the child select any construction paper color and have them create a hat for their bear. If they decide to make a nighty, give them a cotton ball to glue onto the end of the hat. Make sure to glue the hat onto the bear before gluing the cotton ball.
9. Glue the top half of the bears face onto the top of any color construction paper.
10. Give the child the “I Feel Lazy Like a Bear When” template and have them complete the phrase. After completing the phrase, have the child glue it to the colored construction paper that the face of the bear is glued on.