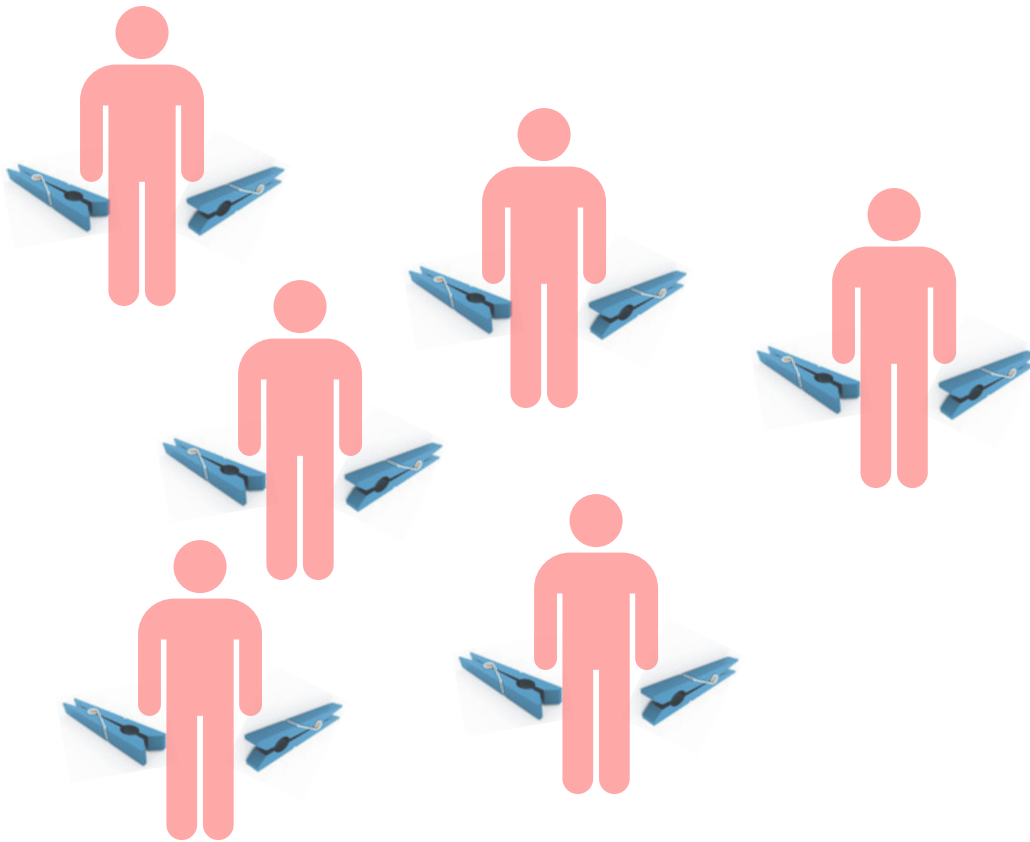


Peg Invasion - Collect Version

Focus: To improve defending and attacking skills



The PE Shed



How to do the activity

- Everyone starts with 2 pegs each on their body.
- The aim is to try and steal as many pegs as possible.
- Students are not allowed to touch other people.
- If you steal a peg you add it to your body.
- When you have no pegs left you continue trying to steal.
- The student with the most pegs at the end wins.

Questions to ask

- What are you attacking? What are you defending?
- What are the important skills of attacking?
- What are the important skills of defending?
- Explain the difference between attacking and defending?

What you'll need

- Pegs (2 per student) and cones to mark an area out.

Make this task easier

- Increase the size of the playing area.
- Teacher to have spare pegs for students finding it difficult to collect pegs.

Make this task more challenging

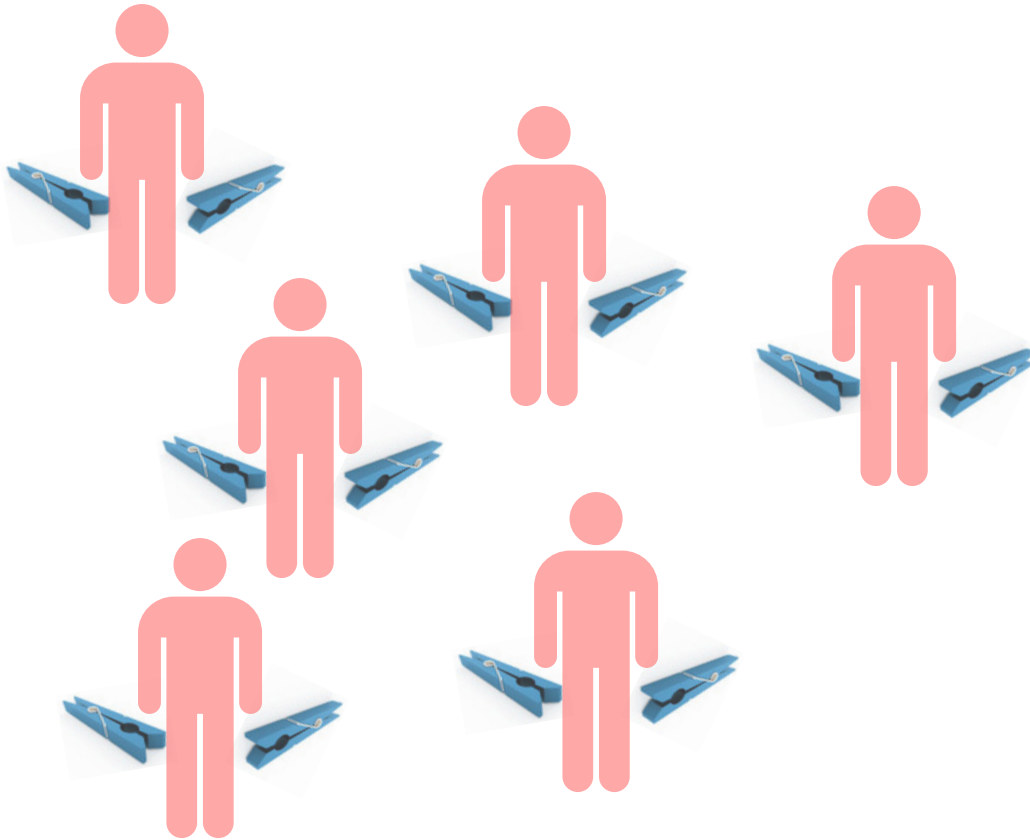
- Reduce the size of the playing area.
- Add cones as obstacles.
- When all of your pegs have been stolen you are out.

Peg Invasion - Give away Version



The PE Shed

Focus: To improve defending and attacking skills



How to do the activity

- Everyone starts with 2 pegs each on their body.
- The aim is to try and give away all of the pegs.
- Students can only give away 1 peg at a time.
- Students are not allowed to touch other students.
- Students are not allowed to drop them on the floor.
- When you have no pegs left you continue avoiding the pegs.
- The student with the least pegs at the end wins.

Questions to ask

- What are you attacking? What are you defending?
- What are the important skills of attacking?
- What are the important skills of defending?
- Explain the difference between attacking and defending?

What you'll need

- Pegs (2 per student) and cones to mark an area out.

Make this task easier

- Increase the size of the playing area.

Make this task more challenging

- Reduce the size of the playing area.
- Do it blindfolded.
- Start with more pegs.