

# Snooze-and-Wake Bear

Winter is here and it's time for bears to hibernate! With this unique pop-out card, children can wake the bear by opening its eyes and then close them again when it's time for a long winter snooze!



## Materials

*For each child:*

- ❁ bear patterns (pages 4–5)
- ❁ 9- by 12-inch colored construction paper (for card)
- ❁ 9- by 12-inch brown construction paper
- ❁ two 2 ½-inch squares of black construction paper
- ❁ 2 hole reinforcements
- ❁ 8-inch square of brown construction paper

*Other materials:*

- ❁ scissors
- ❁ crayons or markers
- ❁ clear tape
- ❁ glue stick

## Tip

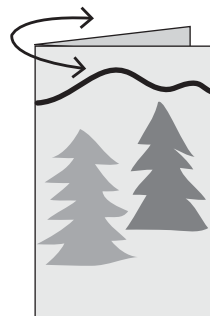
Although polar bears don't hibernate, you might invite children to make a white bear as part of a unit on Arctic animals.

## What to Do

Make a copy of the patterns for each child. Pass out the materials. Have children cut out the pattern boxes. Then demonstrate the following steps.

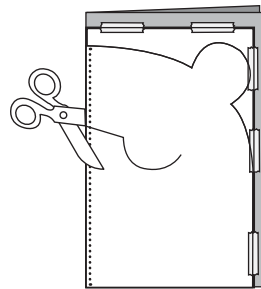
### Card

- 1 Fold the colored paper in half the short way. Draw a forest scene on the front of the card. Then set the card aside for use in step 5.

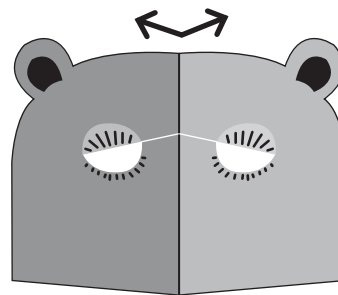


## Head

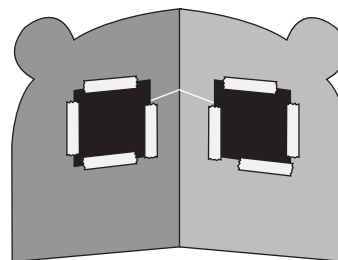
**2** Fold the 9- by 12-inch brown paper in half the short way. Tape the head pattern to the paper along the fold, as shown. Cut along the fold, as shown. Cut along the solid line for the bear's eyelids. Then cut out the head.



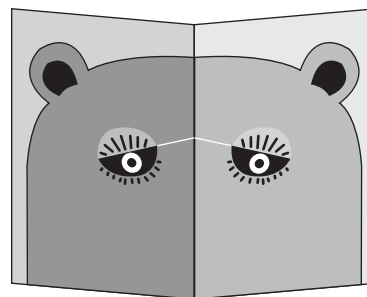
**3** Unfold the head with the fold pointing down to form a valley. Fold the eyelids back to create openings for the eyes, as shown. Draw eyelashes around the eye openings. Then color the inside of the ears. Fold each ear forward toward the face.



**4** Turn the head facedown and tape a black square over each eye opening.

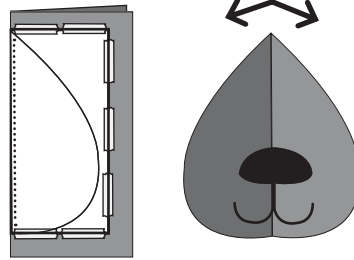


**5** Turn the head faceup and add hole reinforcements to create eyes. Then open the card, fit the head into the fold, and glue it in place, making sure the card closes and opens easily. Do not glue the eyelids or ears.

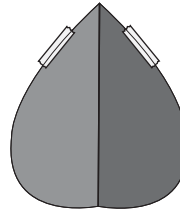


## Muzzle

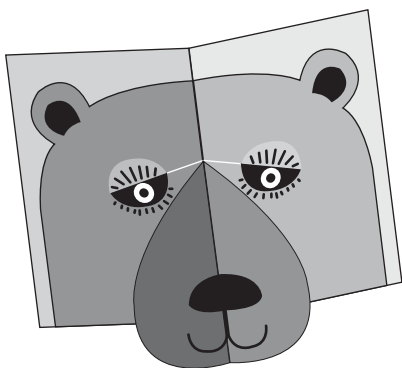
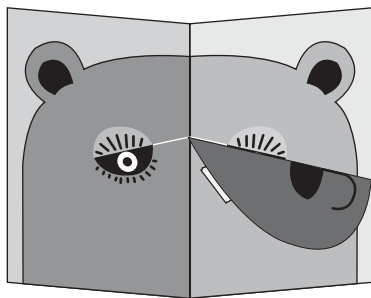
**6** Fold the 8-inch brown square in half. Tape the muzzle pattern along the fold, as shown. Cut out the muzzle. Then unfold it so that the fold points up to form a peak. Draw a nose and mouth on the muzzle.



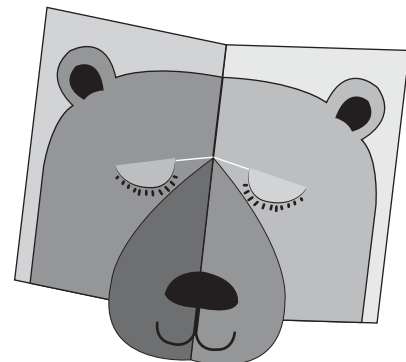
**7** Turn the muzzle facedown. Stick a piece of tape—sticky side down—on each side of the muzzle, allowing the tape to extend over the edge, as shown.



**8** Fold the muzzle with the plain side on the inside. Line up the fold of the muzzle with the straight line across the top of the eye, as shown. Then close the card and press firmly so that the tape on the muzzle sticks to the inside of the card.



When you open the card, the bear's muzzle will pop out! You can open and close its eyelids to make the bear wake or sleep.



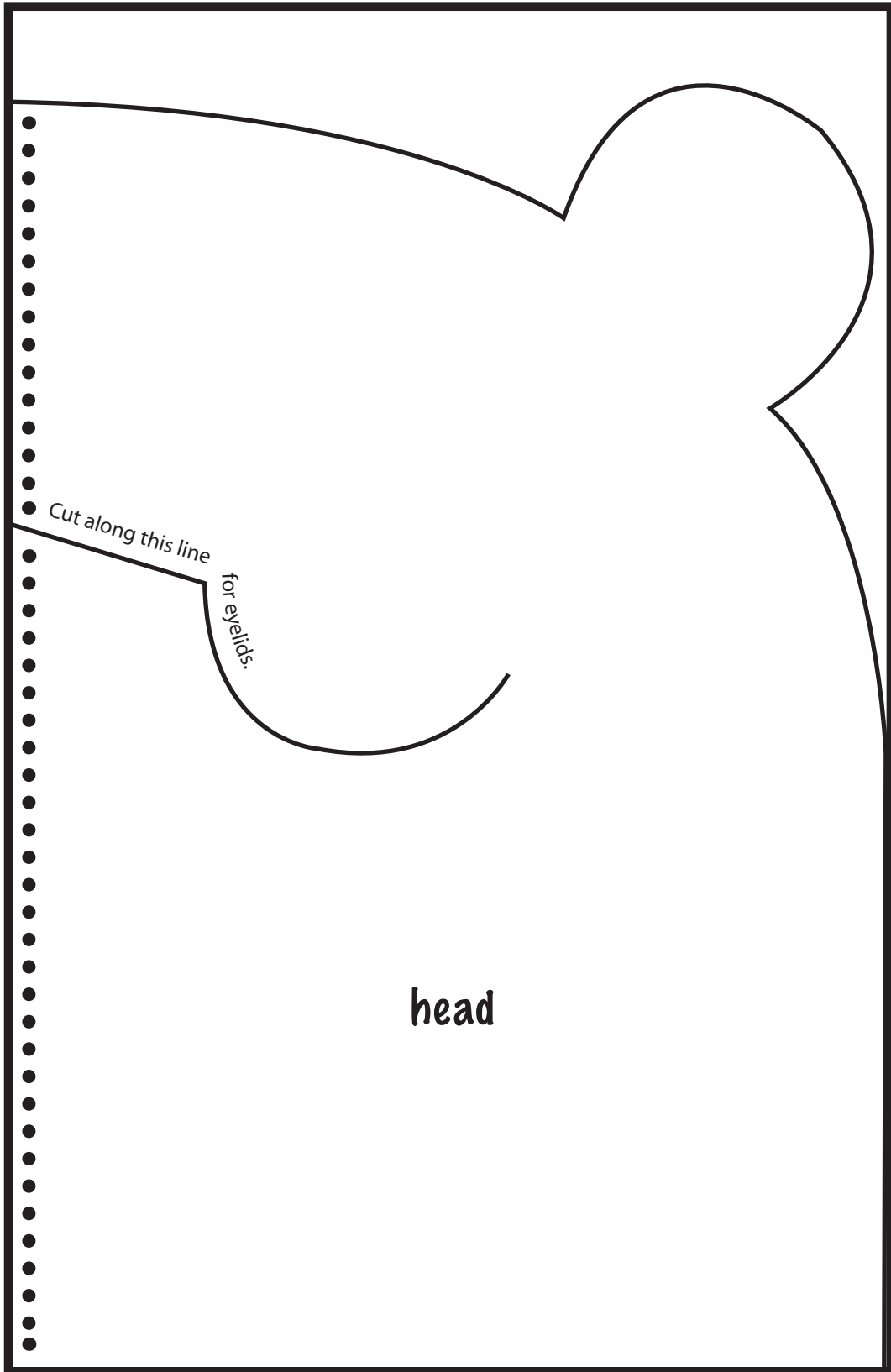
### Write About It!

Read about the bear's winter sleeping rituals in *What Do Animals Do in Winter? How Animals Survive the Cold* (see below). Then invite children to write a lullaby or a cheery wake-up song for their bear. Encourage them to set their songs to familiar tunes such as "Twinkle, Twinkle, Little Star." Have them open or close their bear's eyes as they sing their song to it.

### Nonfiction Literature Links

*Bears: Polar Bears, Black Bears and Grizzly Bears* by Deborah Hodge (Kids Can Press, 1997). Fourteen topics are presented in easy-to-read text accompanied by watercolor pictures.

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