

## Pac Man



This game is a fun take off on the old arcade game of the same name.

### How To:

1. The object of the game is for the people who are it (the Pac Men) gobble up all of the little dots (the players)
2. Have the kids spread out on a gymnasium floor with lines. Kids must stay on the lines during this game. Speed walking and walking only!
3. Three players are chosen to be the Pac Men. They will go around the gym on the lines trying to gobble up the other players (tagging by using a chomping motion with their arms). When a player has been caught, they must sit down outside of the lines of the game. You could also have them do a certain type of exercise (ex. 25 jumping jacks) to get back in.
4. One person is selected to be the Ghost. The ghost's job is to catch the Pac Men. If a Pac Man is caught, they also have to sit out. If you are using the exercise model, they must do double the amount a regular player would have to do to get back in.
5. After about 5 minutes or so, switch up who are Pac Men and who is the ghost so that everyone gets a chance to be an "It" of some sort.