



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## Heart Suncatcher

**Component:** Art

**Time:** 25 minutes

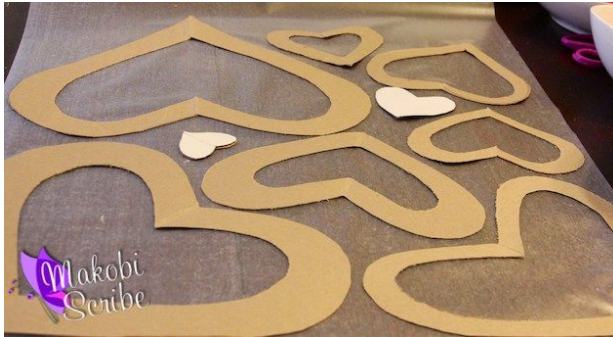


### Materials:

- Poster board (red or white)
- Clear contact paper (shelf paper)
- Tissue paper (pink, white and red)
- Gift wrapping ribbon (red)
- Scissors
- Glue

### Procedure:

1. Draw a large heart on half of a poster board and cut it out.
2. Cut another heart out of the inside of that heart and keep cutting until you can't cut anymore hearts out. This way you can have many size hearts! Match each of these hearts to the poster board so they are identical.



3. Roll out the contact paper and lay 1/2 of the hearts on it.
4. Cut the tissue paper into squares. Let the students do the cutting, to get different shapes and sizes.



5. Place the tissue paper on the contact paper so it is touch or slightly overlapping.
6. Place a second sheet of contact paper over the top of the tissue paper.
7. Fasten the strings with a dab of glue in the middles and seal the contact paper over it.
8. Cut around the hearts to trim the extra paper.
9. Hang in the window for catching the rays of sun.