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FOR HEALTHY LIVING  
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## **Symmetrical Kites**

**Component: Art  
Time: 45 minutes**



### **Materials:**

- Mixed media paper
- Elmer's school glue
- Black acrylic paint
- Watercolors
- Glue stick
- String
- tape

### **Procedure:**

1. Start by mixing together your black glue. To do this, squeeze a generous amount of black acrylic paint into a bottle of Elmer's School Glue (We start with 1 Tbsp.). Use a wooden skewer or the end of a paintbrush to stir and mix the black paint into the school glue until it is thoroughly incorporated and the glue is black.
2. Paint your picture.
3. Before you begin tracing the kite with your black glue, test out the glue first on a napkin or separate piece of paper. Create some lines to experiment with the flow and spread of glue. Once you're happy with the way the glue flows, use a steady hand to trace the lines of your kite template with your black glue.
6. When your watercolors are dry, cut out your kite and the bows. Tape a string to the back of your kite so it hangs down below the kite. Then attach the bows along the kite string with glue.