



**FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY**

## **Dirt Cups**

**Component:** Wellness and Nutrition

**Time:** 25 minutes



### **Materials:**

2 cups milk  
2 small box instant chocolate pudding  
1 package Oreos  
1 small tub Cool Whip  
Gummy Worms  
Clear cups

### **Procedure:**

1. Whisk together pudding and milk in a medium bowl for 2 minutes. Let stand 5 minutes.
2. Fold in whipped topping and add 1/2 cup cookie crumbs.
3. Spoon in pudding into plastic cups. Put cool whip on top of pudding. Put pudding on top of the whip top.
4. Top with the remaining cookie crumbs.
5. Top with 2 gummy worms each just before serving.