

## Mirror, Mirror



Can you mirror your partner so no one can tell who the leader is and who is the follower? Try to synchronize your jumps and jump at the same time!

### Supplies:

- One jump rope per child

### How to Play:

1. Have each kid pair up with another kid and face up with enough space in between them for each to jump rope
2. Designate one line "A" and the other line "B"
3. The object is to mirror your partner's movement
4. If you are in line A, choose a jump rope trick from those you know, and begin jumping. Your partner then has to mirror you movement.
5. On the signal, about every 30sec, switch leaders and followers. Now line B leads and line A follows.
6. Have the kids rotate partners every other round. On the signal, have everyone in line A step one position to the left.

7. The farthest person on the left side runs behind all the others to the opposite end. Line B does not move.
8. Continue on the signal.
9. Have the kids try different techniques with the jump rope like turning around, jumping with both feet, with one foot, with only single jumps, crisscrossing, etc.