

Square Dancing



This particular dance is called Gallopede, and can be danced to country music. You could look at the library for actual Gallopede music.

What is needed:

- Music and CD player

How to play:

Students are in 2 lines standing across from a partner (longways). Probably no more than 12 pairs per set otherwise you won't be able to keep up with the music. All instructions are in sets of 8 beats, except the last one which is 16 beats.

1. Partners walk 4 steps forward to meet each other and 4 steps backwards to their spot
2. Take partner's right hand, "pull across" to other side and switch places
3. Forward and back again
4. Pull across with right hand again (so you're back where you started)
5. Do-si-do partner (walk past their right shoulder, move over to the right, then walk backwards to spot)
6. 2 hand turn with partner (take both hands, walk around in a little circle, then return to spot)
7. (This one lasts 16 beats.) The "head" partners (the pair that is closest to the stereo or the musicians in the set), sashay down the aisle (take hands and gallop sideways) between the lines and then take their place at the bottom of the set. Everyone moves up a step, and you end up with a new head pair which will sashay down for the next turn. The other people standing in the set can also clap the beat as the head pair is sashaying.

Website source: <http://www.menc.org/forums/viewtopic.php?id=1462>