

### Activity Pool

Sept. 8, 2009 through April 3, 2010

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>8:00 AM</b>	Pool Pals	Pool Buddies	Pool Pals	Pool Buddies	Pool Pals	Pool Closed	YMCA Closed
<b>8:30 AM</b>	8:00-9:00	8:00-9:00	8:00-9:00	8:00-9:00	8:00-9:00		
<b>9:00 AM</b>	Open Swim 9:00-12:00	Swim Lessons 9:00-12:00	Open Swim 9:00-12:00	Swim Lessons 9:00-12:00	Open Swim 9:00-12:00	Swim Lessons 9:00-12:00	
<b>9:30 AM</b>							
<b>9:45 AM</b>							
<b>10:00 AM</b>							
<b>10:30 AM</b>							
<b>11:00 AM</b>							
<b>11:30 AM</b>							
<b>12:00 PM</b>	Stroop's Troops	Arthritis Aquatics Exercise 12:00-12:45	Stroop's Troops	Arthritis Aquatics Exercise 12:00-12:45	Stroop's Troops	Jive Walking 12:00-1:00	
<b>12:30 PM</b>	12:00-12:45		12:00-12:45		12:00-12:45		
<b>12:45 PM</b>	Senior Volleyball 12:45-1:00	12:00-12:45	Senior Volleyball 12:45-1:00	12:00-12:45	Senior Volleyball 12:45-1:00	Open Swim 1:00-5:30	
<b>1:00 PM</b>	Arthritis Aquatics Exercise 1:00-1:45	Home School Lessons 1:00-3:00	Arthritis Aquatics Exercise 1:00-1:45	Home School Lessons 1:00-3:00	Arthritis Aquatics Exercise 1:00-1:45		
<b>1:30 PM</b>	Senior Volleyball 1:45-2:00		Senior Volleyball 1:45-2:00		Senior Volleyball 1:45-2:00		
<b>1:45 PM</b>	Arthritis Aquatics Exercise 2:00-2:45		Arthritis Aquatics Exercise 2:00-2:45		Arthritis Aquatics Exercise 2:00-2:45		
<b>2:00 PM</b>	2:00-2:45		2:00-2:45		2:00-2:45		
<b>2:30 PM</b>	Open Swim 2:45-4:35	Open Swim 3:00-3:45	Open Swim 2:45-4:35	Open Swim 3:00-3:45	Open Swim 2:45-8:30		
<b>2:45 PM</b>							
<b>3:00 PM</b>							
<b>3:30 PM</b>		Swim Lessons 3:45-7:15		Swim Lessons 3:45-7:15			
<b>3:45 PM</b>							
<b>4:00 PM</b>							
<b>4:30 PM</b>	Swim Lessons 4:40-7:00	Swim Lessons 4:40-7:00					
<b>5:00 PM</b>							
<b>5:30 PM</b>							
<b>6:00 PM</b>	Open Swim 7:00-8:30	Open Swim 7:15-8:30	Open Swim 7:00-8:30	Open Swim 7:15-8:30	YMCA Closed	YMCA Closed	
<b>6:30 PM</b>							
<b>7:00 PM</b>							
<b>7:30 PM</b>							
<b>8:00 PM</b>							
<b>8:30 PM</b>							

**ALL POOLS CLOSED**

**SAT. FEB. 6<sup>TH</sup>**

**ALL DAY.**

**BEAT THE CLOCK MASTERS  
SWIM MEET.**

**(SPA OPEN)**