

SHOW WHAT YOU ARE MADE OF ...



BE A LIFEGUARD

PURPOSE: This course provides the skills and knowledge needed to prevent and respond to aquatic emergencies. The materials and activities prepare “prospective” lifeguards to recognize and respond quickly and effectively to emergencies, prevent drowning and injuries.

PREREQUISITES: Pass swim evaluation (over) and be at least 15 years of age by the last day of class.

DATES & TIMES: Over please.

MATERIALS & FEES: Materials may be purchased at the Red Cross Office
Full Members = \$170 Basic Members = \$200

Participants need a Res-cue Mask and Lifeguarding Manual (r.06)

Please note that successful completion of this class earns not only a Lifeguard Certification but also CPR for the Professional Rescuer, First Aid, and Automated External Defibrillation.

NOTICE: This class does require physical exertion and it is advised that participants get a physician’s clearance prior to class. Please advise the instructor about any physical or medical concerns that may impact participation in this class. This class has no make-up time built into the course and attendance at all classes is required.

CERTIFICATION REQUIREMENTS: Successfully perform all required skills.
Successfully complete final skill scenarios.
Pass each exam section with 80% or higher
Attend all classes

INSTRUCTOR: Aquatic Director, Paul Avery (Certified Pool Operator, Masters in Physical Education, Secondary Teaching Credential, Lifeguard Instructor, Lifeguard Instructor Trainer, Water Safety Instructor & 38 years experience as a lifeguard). There may also be other instructors helping with portions of the course. Please contact instructor at 918-0317 for more information.