



South Sound YMCA Youth Sports

VOLUNTEER SIGN-UP SHEET

Please sign up for the role(s) you can help with. Thank you for helping make our team a success!

Coordinator Title	Expectations	Volunteer Name(s) and Home/Work Phone Number
End-of Season Party Coordinator(s)	Two parents (from different families) who will organize pizza party or potluck that occur following the last game of season.	
Snack Coordinator	Organizes and signs up parents to bring snacks and drinks for after practices and games, and organizes/administers the actual passing out of snacks such that it doesn't become a zoo. Also gives a reminder call to the snack provider a couple of days prior to the game or practice. May also wish to keep a nonperishable "backup snack" available in car in case designated snack person forgets.	
First Aid Coordinator	Brings the First Aid kit (provided by the YMCA) to each practice and game and responsible for getting replenished supplies from the YMCA. Needs to be skilled in first aid and present at each practice and game.	
Lost-and Found Coordinator	Collect items (coats, sweatshirts, and equipment) left by kids or parents, and return to kids at next practice or game. Helps gather up balls, equipment, food wrappers etc. and ensure that the team leaves the gym/field at least as clean as they found it. Also keep an eye out to ensure practice facilities not vandalized or trashed by anyone while using the gym/field (e.g. older kids "just hanging around" the facility).	
Shirt Lettering Coordinator	Arranges for kids' YMCA t-shirts to have their names(optional) put on them by a t-shirt shop and coordinated collection of money to cover the cost of the printing.	
Playing Rotation Reminder Coordinator	Notifies coach when pre-scheduled rotation time is coming up so coach can execute substitutions on time to ensure proper sharing of playing time.	
Assistant Coach	Will assist in set up and execution of all drills during practice. May sometimes run a practice and/or coach a game when head coach is unable to.	
Practice Helpers	Will help execute specific drills during practices when called on. Most helper roles involve either 1) receiving pass and passing it back to a child, 2) participating in a scrimmage to even out the numbers on split-squad teams, 3) standing in a strategic position during specific drills and reminding kids of what to do. Does not require any sport experience, just a willingness to help.	All Parents! If you are present, you are fair game and will be drafted in time of need.