



SOUTH SOUND YMCA  
Games Rules  
Coach Pitch - Ages 5-7

Field of Play

1. Distance between bases is 50'.
2. FIRST and THIRD base lines, shall be marked with chalk.
3. Pitching distance is 40 feet.

Games Rules

1. Game length is 1½ hours.
2. Each INNING is three outs or one complete batting rotation whichever occurs first.
3. NO metal cleats of any kind will be allowed on the playing field.
4. Coaches and/or parents will umpire.
5. INFIELD FLY rule is in effect.

Offense

- 1. Batter, on deck batter and runners shall wear helmets at all times.**
- 2. Only batter and on deck batter shall have a bat in hand.**
3. Batter is allowed a maximum of five pitches. If after five pitches the ball has not been put into play, a tee will be used.
4. BATTERS are permitted to bunt.
5. Players are not permitted to lead off or steal bases.
6. Batter who throws bat after hitting the ball in fair or foul territory shall be warned. A second time and the batter are called out and no base runners may advance.
7. Offensive coaches may position themselves at 1<sup>st</sup> and 3<sup>rd</sup> bases.
8. RUNNER may advance only until the pitcher controls BALL.
9. RUNNER may advance one base on ball thrown out of play.
10. *No head first sliding or colliding.*

Defense

1. From the following, a coach may choose to do either "A" or "B."
  - A. All players participate while team is on defense. Extra players should be positioned in the outfield. No more than seven in the infield.
  - B. Ten players on defense with additional players rotating in every inning.
2. All INFIELDERS must play a minimum of 35 feet away from HOME PLATE before the BALL is hit.
3. Coaches should attempt to change fielding positions for players each inning.
4. No catchers are used.

Sportsmanship

1. Coaches may not dispute calls, or argue a decision in front of players or spectators. If there is a dispute, address it at halftime or after the game in the form of a question. If there is further dispute, contact the coordinator of your division.
2. If parents or spectators have concerns during the game, they will report to the coach or address the YMCA staff person (not the referee) on duty, or contact the coordinator.
3. Refer to Player/Parent Code of Ethics.

Note: The primary aim of youth sports at this age is to encourage children to have fun in a safe, challenging environment. Teamwork, sportsmanship and safety are all key. Coaches, officials, parents, and all other adults are present to encourage all players.