



SOUTH SOUND YMCA Games Rules T-Ball - Ages 5-7

Field of Play

1. Distance between bases is 45' (15 yards or paces).
2. FIRST and THIRD base lines, BATTERS BOX and a 10' ARC in front of HOME PLATE shall be marked with chalk.

Games Rules

1. Game length is three complete innings or one hour whichever occurs first.
2. Each INNING is one complete BATTING ROTATION.
3. No score will be kept.
4. Coaches and/or parents will umpire.
5. NO METAL CLEATS of any kind will be allowed on the playing field.
6. There is no INFIELD FLY rule.

Offense

- 1. Batter, on deck batter and runners shall wear helmets at all times.**
- 2. Only batter and on deck batter shall have bat in hand.**
3. BATTER who throws BAT after hitting the BALL in fair or foul territory shall be called back and warned. A second time and the BATTER are called out and no BASE RUNNERS may advance.
4. BATTERS are not permitted to bunt or swing easy at ball.
5. BALL must be hit out of ten foot ARC to be in play.
6. *No sliding or colliding.*
7. Players are not permitted to lead off or steal bases.
8. Runner may advance only until the pitcher controls the ball.
9. RUNNER may advance one base on ball thrown out of play.
10. Offensive coaches may position themselves at 1st, and 3rd bases.

Defense

1. From the following, a coach may choose to do either "A" or "B."
 - A. All players participate while team is on defense. Extra players should be positioned in the outfield. No more than seven in the infield.
 - B. Ten players on defense with additional players rotating in every inning.
2. All INFIELDERS must play a minimum of 35 feet away from HOME PLATE before the BALL is hit.
3. Coaches should attempt to change fielding positions for players each inning.
4. No catchers are used.

Sportsmanship

1. Coaches may not dispute calls, or argue a decision in front of players or spectators. If there is a dispute, address it at halftime or after the game in the form of a question. If there is further dispute, contact the coordinator of your division.
2. If parents or spectators have concerns during the game, they will report to the coach or address the YMCA staff person (not the referee) on duty, or contact the coordinator.
3. Refer to Player/Parent Code of Ethics.

Note: The primary aim of youth sports at this age is to encourage children to have fun in a safe, challenging environment. Teamwork, sportsmanship and safety are all key. Coaches, officials, parents, and all other adults are present to encourage all players.