

Indoor Cycling

Morning Classes

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
5:45-6:00						
6:00-6:15	6:00-6:45	6:00-6:45	6:00-6:45	6:00-6:45		
6:15-6:30	<u>Member Led</u>	<u>Member Led</u>	<u>Member Led</u>	<u>Member Led</u>		
6:30-6:45						
6:45-7:00						
7:00-7:15						
7:15-7:30						
7:30-7:45						
7:45-8:00						
8:00-8:15						
8:15-8:30						
8:30-8:45						8:30- 9:40
8:45-9:00						<u>Hillary</u>
9:00-9:15						
9:15-9:30		9:15-10:00		9:15-10:00		
9:30-9:45		<u>Jenny</u>		<u>Cecili</u>		
9:45-10:00						
10:00-10:15						
10:15-10:30						
10:30-10:45						
10:45-11:00						
11:00-11:15						
11:15-11:30						
11:30-11:45						
11:45-12:00						
12:00-12:15						
12:15-12:30						
12:30-12:45						
12:45-1:00						

Evening Classes

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
5:00-5:15						
5:15-5:30						
5:30-5:45		5:00-5:45		5:00-5:45		
5:45-6:00		<u>Danielle</u>		<u>Danielle</u>		
6:00-6:15		6:00-7:00		6:00-7:00		
6:15-6:30		<u>Danielle</u>		<u>Hillary</u>		
6:30-6:45	6:30-7:30		6:30-7:30			
6:45-7:00	<u>Missy</u>		<u>Missy</u>			
7:00-7:15						
7:15-7:30						
7:30-7:45						

